

Name: _____
Date: _____

Honey We're Killing the Kids Guided Listening

Watch the video from the start until 9:45. As you listen and watch answer the following questions.

- The Silverwood's have two real loves in life _____ and _____.
 - junk food, video games
 - bread, TV
 - music, England
 - Junk food, TV
- The word "couch potato" probably refers to someone who...
 - works hard late at night
 - has many eyes and lives underground
 - is lazy and likes sitting on the sofa
 - is in love with fashion
- How long will the TV show document their lifestyle change?
 - three days
 - three weeks
 - six days
 - six weeks
- When the family eats dinners out, where do they like to go?
 - all-you-can-eat buffet
 - fast food restraint
 - supermarket
 - Korean restraint
- How late does the boy Liam stay up to watch TV?
 - 7:30 PM
 - 10:00 PM
 - 12:00 PM
 - after midnight
- What is Mrs. Silverwood's unhealthy habit?
 - she walks the dog regularly
 - she hates swimming and never does it
 - she works at a school
 - she smokes cigarettes
- Kemmy's diet is dangerously low in which vitamins?
 - Vitamins A and C
 - Vitamins B and E
 - Zinc and Iron
 - Vitamins C and K
- Lian's diet has made him clinically obese, this probably means.
 - he has a high percentage of body fat
 - he eats lots of vegetables and whole grains
 - he needs to gain weight
 - he is healthy and strong
- The results of Kemmy's test show that she is...
 - not overweight but also not eating a healthy diet
 - needs to eat more calories
 - eating a healthy diet and has many friends
 - does not need to make a change
- The results of Lian's test show that he...
 - has had a heart attack
 - has healthy blood pressure
 - is not overweight
 - eats too much protein