

Name: _____
Date: _____

Honey We're Killing the Kids Discussion Guide

After watching the video from the start until 9:45, in your team, try to address some of the following issues.

How do the Silverton's look now, what do you think about their projected appearance?
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What are some things Lian and Kemmy should stop doing?
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What would be some ways Lian and Kemmy could improve their lives?

How would you change the family's diet?

How would you change the family's exercise habits?
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What will be the most difficult thing for the family to change?

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